



EARTHQUAKE RESPONSE

RESPONSE

- DROP, COVER, and HOLD ON
 - Drop to the ground
 - Take cover by getting under a sturdy piece of furniture
 - Hold on until the shaking stops

- DOs
 - If there isn't a sturdy piece of furniture nearby, cover your head with your arms and crouch in an inside corner of a building
 - Stay away from windows
 - If you are in bed, stay there and protect your head with a pillow
 - If you are outside or in a car find a clear spot away from buildings, trees & power lines

- DON'Ts
 - DO NOT run or move to another room in a building
 - DO NOT run outside
 - DO NOT stand in a doorway

AFTER A QUAKE

- Check for injuries
- Put on protective clothing and shoes
- Check for gas, water, and sewage breaks. Turn off appropriate utilities (remember, only a professional should turn gas back on.)
- Listen to the radio for instructions
- Expect aftershocks. Drop, Cover, and Hold On every time one occurs
- Leave the house or building if it appears unsafe
- Use the telephone ONLY to report life-threatening emergencies